



Tips for Cloth Diapering at Night

Once your baby starts sleeping in 6 to 12 hour stretches at night, you may find that you need to add absorbency to your nighttime diapering system. Here are some Nighttime Diapering solutions that we recommend.

Doublers

A doubler is a long narrow pad that you layer in your diaper to give it a boost. We can provide Cotton Flannel Doublers with your service upon request. For no additional cost.

Double up your doublers

If one doubler doesn't get you through the night, we can provide additional doublers so that you can double them up.

Stay-Dry Doublers

These Doublers are a combination of super thirsty hemp topped with a built-in layer of stay-dry fleece. These doublers could replace (or supplement) the cotton doublers above.

The only catch is that they're \$6.50 each for purchase - but we're happy to launder them for you. Just keep these 3 things in mind:

1. So that we can properly sort them, we mark your name on them with a laundry pen.
2. It takes us one week to return them. So to be fully stocked, you will want to purchase 14. (7 with us being laundered and 7 with you being put into action.)
3. While our systems are incredibly organized, there's no true way to pinpoint if an MIA doubler disappeared while in our care or while in yours. So we can't take responsibility for replacing any that might go missing.

Wool Covers

Wool covers are regularly suggested for use at nighttime to aid in absorbency and alleviate leaking.

- Wool can store water vapor up to 35% of its own weight yet remain dry to the touch.
- Wool contains lanolin, which supplies a natural waterproof barrier.
- Even while absorbent and waterproof, wool still allows circulation around baby's bum which helps prevent diaper rash.

With whichever cover you choose to use, make sure to always have a good seal around the legs and waist. This is especially important at night since the diaper will be wetter than during the day. (and, as always, ensure no diaper is peeking out from the cover!)